



2024 Schedule
Obsessive-Compulsive Disorder
Adult G.O.A.L Group

January 10, 2024
February 14, 2024
March 13, 2024
April 10, 2024
May 8, 2024
June 12, 2024
July 10, 2024
August 14, 2024
September 11, 2024
October 9, 2024
November 13, 2024
December 11, 2024

These groups are held online via Google Meet. Please register at <https://www.aocdf.com/adults> each month.

Groups cap at 15 attendees.

When: Second Wednesday of the month (once/month)

Time: 7pm-9pm

Email: ocdalberta@gmail.com

Website: aocdf.com

(No fee for aocdf members)