



**2024 Schedule**  
**AOCDF Family & Caregiver**  
**Support Group**

Thursday January 11, 2024  
Thursday February 8, 2024  
Thursday March 14, 2024  
Thursday April 11, 2024  
Thursday May 9, 2024  
Thursday June 13, 2024  
Thursday July 11, 2024  
Thursday August 8, 2024  
Thursday September 12, 2024  
Thursday October 10, 2024  
Thursday November 14, 2024  
Thursday December 12, 2024

***These groups are held online via Google Meet. Please register at <https://www.aocdf.com/caregiver-groups> each month.***

***Groups cap at 15 attendees.***

***When:*** Second Thursday of the month (once/month)

***Time:*** 7pm-8:30pm

***Email:*** ocdalberta@gmail.com

***Website:*** aocdf.com

*(No fee for AOCDF members)*