



2026 Schedule
Obsessive-Compulsive Disorder
Caregiver Support Group

January 8, 2026
February 12, 2026
March 12, 2026
April 9, 2026
May 14, 2026
June 11, 2026
July 9, 2026
August 13, 2026
September 10, 2026
October 8, 2026
November 12, 2026
December 10, 2026

***These groups are held online via Google Meet. Please register at
<https://www.aocdf.com/adults> each month.
Groups cap at 15 attendees.***

When: Second Thursday of the month (once/month)

Time: 7pm-9pm

Email: ocdalberta@gmail.com

Website: aocdf.com

(No fee for aocdf members)

